

Sophie Gray



Business Administration Apprenticeship L3 | HR Apprentice

What did you do prior to your apprenticeship?

Prior to my apprenticeship I worked in Starbucks for 2 years after completing my A-Levels in Psychology, Business and Geography. I also ran a health and wellness business alongside and had 'Saturday' jobs at the local care home.

What are you enjoying about the apprenticeship?

I am enjoying the independence in my role. My colleagues trust me to get my work done to my best ability and add my own twist to it, for example the wellbeing newsletter and the Clinical School Cookbook. I am finding HR very interesting and enjoy note-taking in formal meetings which enables me to have on-the-job training to advance my knowledge in the matter. I have found a great balance between doing my administration jobs and finding the time for college work.

What would you say to anyone considering applying for an apprenticeship?

If you are considering starting an apprenticeship, I would say do your research and find the right one for you. There are several to choose from! You will learn so many new skills and meet people you wouldn't usually get to meet. Networking is great too- stay active on LinkedIn and get your name out there!

What attracted you to this apprenticeship?

I was attracted to 1. the organisation, being a well-respected university with great leadership and 2. I had researched HR and read great things about it. I felt this was the perfect job for me! I liked that the apprenticeship meant I could gain a qualification whilst working and learning new skills.