



## Office of Postdoctoral Affairs (OPdA) @ the Postdoc Centre

The Office of Postdoctoral Affairs (OPdA) is here to help you navigate and make the most of your time as a postdoc at Cambridge. We provide information and resources to help with your career development, College affiliations, entrepreneurship, and many aspects of your life and work in Cambridge.

You can find a full listing of events and resources on our [website](#), or get in touch with us directly at [contact.opda@admin.cam.ac.uk](mailto:contact.opda@admin.cam.ac.uk). Do get in touch or drop in to see us at one of the Postdoc Centres if you have any questions concerning your time here as a postdoc. You can also find us on twitter @opdacam.

The Postdoc Centres, located at the Biomedical Campus, 16 Mill Lane, and (in 2017) North West Cambridge, offer free meeting rooms, event venues and quiet working spaces to postdocs – these can be booked via our website.

Our dedicated team will guide you through the maze that is your time at Cambridge. This may include:

- Moving to Cambridge
- Settling in, including family integration
- HR matters
- Immigration matters (please note we cannot provide immigration advice but can refer you to our [immigration team](#), who will assist)
- Mentoring
- Careers
- Additional training
- Concordat and national researcher information
- Information on joining departmental postdoc committees and the PdOC Society
- Information on our partner volunteer scheme.

We also offer free meeting/seminar rooms for postdocs to use, including a board room, seating up to 20, a 35-seat seminar room and a 110sq m multi-purpose room accommodating up to 80 people. There is also a library/common room with coffee, tea, computer facilities and journal/newspaper access.

The office co-locates the PdOC Society and the Newcomers and Visiting Scholars, which both offer social and networking events.

<http://www.opda.cam.ac.uk/>